



AMMO AND DISTANCE

- *8 RDS TOTAL/ 4 RDS IN GUN/ 4 RDS IN SECOND MAGAZINE**
- *PISTOL-3 YRD, 5 YRD, OR 7 YRD**
- *RIFLE- 5 YRD, 7 YRD, OR 10 YRD**

**FORWARD DEFENSE
CONCEPTS**



STARTING POSITION

- *PISTOL-START FROM THE HOLSTER HANDS OFF GUN**
- *RIFLE- START FROM HIGH READY OR LOW READY**

SHOOTING STANDARD

- *DRAW AND SHOOT 3 RDS TO THE 1 CIRCLE**
- *TRANSITION TO THE 2 CIRCLE AND SHOOT 1 RD**
- *PERFORM A SLIDE LOCK RELOAD AND SHOOT 4 RDS TO 3 CIRCLE**